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|  | ***VMMS GYM EXPECTATIONS/PROCEDURES*** |  |

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| ***“PRIDE IN THE GYM”*** |
| ***P*** | Actively ***PARTICIPATE*** with a positive attitude, encourage others, and use positive language. |
| ***R*** | Follow the ***RULES*** of the game or activity, listen to the coach, and return all equipment to its appropriate place. |
| ***I*** | Honestly report ***INJURIES*** and ***ILLNESSES*** to the teacher. |
| ***D*** | Make wise ***DECISIONS*** and use all equipment for its intended purpose. |
| ***E*** | Always be ***EXCEPTIONAL*** and try your best in activities, challenges, and tests. Be willing to help others. |

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| ***ENTERING THE GYM*** |
| ***1*** | Students are to come in orderly and quietly and line-up on designated solid blue line. |
| ***2*** | Once students are **“*ready” (standing quietly)***, they will then proceed to locker room for dress out. |
| ***3*** | Students will follow locker room rules and procedures at all times. |
| ***4*** | ***“Class Misbehavior”*** will result in losing activity time at the end of class.  |
| ***5*** | A class that receives two reds loses game day on next scheduled day. |

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| ***LOCKER ROOM RULES*** |
| ***1*** | ***SILENT DRESS OUT – “NO TALKING” (THIS HELPS TO PREVENT BULLYING, ARGUEING, HORSEPLAY AND FIGHTING).*** |
| ***2*** | ***USED FOR CHANGING ONLY – “NO HORSEPLAY or LOITERING.”*** |
| ***3*** | ***NO FOOD, CANDY, OR DRINK – AT ANYTIME.*** |
| ***4*** | ***KEEP LOCKER ROOMS CLEAN – “IF YOU MESS IT UP, CLEAN IT UP.”*** |
| ***5*** | ***NO AEROSOL DEODORANT – “ROLL ON IS BENEFICIAL FOR ALL.” (SOME STUDENTS HAVE ALLERGIC REACTIONS TO SPRAY).***  |
| ***6*** | ***NO FOUL LANGUAGE – “NO EXCEPTIONS.”*** |
| ***7*** | ***TAKE CLOTHES HOME AT THE END OF THE P. E. WEEK FOR CLEANING.*** |