

Georgia School Nutrition Association Let's Move! Essay Contest



Georgia School Nutrition Association "Let's Move!" Literary Consortium University of Georgia Campus

Guest Speakers - University of Georgia Student Athletes
March 22, 2018

Inviting all 6th - 8th Graders

The Georgia School Nutrition Association would like to know your thoughts on the
"Let's Move!" Initiative, staying fit and eating healthy.

Submit your essay today!

Winners will receive prizes and attend a Literary Consortium on the University of Georgia College Campus in Athens, Georgia, Thursday, March 22, 2018. Thirty (30) students from three (3) middle schools in Georgia will be selected to attend. In addition to your school winning an exciting field trip to the historical University of Georgia campus, participants will positively influence other students to make good decisions about their health and well-being through sharing their personal essays. They will also enjoy dinner on campus where they will be joined by UGA student athletes who will speak to them about the importance of eating healthy and staying fit and how these healthy habits allow them to be great athletes and successful students.

All contest participants will receive a certificate of excellence

Contest deadline 02/16/2018

Intent to participate must be submitted to GSNA by 01/16/2018

Contest Sponsored by
Georgia School Nutrition Association and Super Bakery



For contest rules and an application visit: www.georgiaschoolnutrition.com



Georgia School Nutrition Association "Let's Move!" Essay Contest Rules



Let's Move! is a comprehensive fitness initiative designed to help solve the problem of obesity within a generation. The goal is to assure that today's youth will grow up healthier and be able to pursue their dreams. It is a collaborative effort between parents, elected officials from all levels of government, schools, health care professionals, faith-based and community-based organizations, and private sector companies. The Georgia School Nutrition Association is playing an integral role in educating Georgians about the initiative and promoting participation throughout Georgia's schools and communities through special events, programs and workshops.

As part of the GSNA initiative we are launching an essay writing contest designed to engage students and motivate them toward a fit and healthy lifestyle. **Participants will write an essay about the importance of exercise and healthy eating. They should include personal stories of challenges, goals, and triumphs. The essay should be educational and written in a manner that encourages and motivates other students to eat healthy and become physically active. The essay should be typed on 8 ½ x 11 paper and no more than 300 words.**

To qualify, participating schools will conduct an essay contest involving a minimum of 30 students. GSNA will recognize and award prizes to top performing schools and students. Winning schools will be awarded a group field trip to participate in the GSNA Let's Move! Literary Consortium on the University of Georgia Campus in Athens, Georgia (March 22, 2018).

In addition to an exciting field trip to the historical University of Georgia campus, contestants will positively influence other students to make good decisions about their health and well-being through sharing their personal essays. They will also enjoy dinner on campus where they will be joined by UGA student athletes who will speak to them about the importance of eating healthy and staying fit and how these healthy habits allow them to be great athletes and successful students.

Participant Entry Guidelines

- Schools must submit an Intent to participate form to GSNA by 01/16/2018
- Participants must be students in the 6th-8th grades in a Georgia school
- Entries must be submitted by a school official (teacher, counselor or administrator)
- **Each school must submit three winners (1st, 2nd, and 3rd place only) to GSNA.** GSNA will identify the top three schools to participate in the Consortium by scoring their winning essays as a group. 1st, 2nd and 3rd place state winners will be selected from these winning schools.

Mail to: GSNA, 2372 Main Street, Tucker, GA 30084 or Email to: info@georgiaschoolnutrition.com or Fax: 770-934-8917

- Contestant Submission deadline is 02/16/2018

Prizes (Top Three Scoring Schools) - Statewide Winners (1st, 2nd and 3rd place)

*The top three winning schools should select 30 students and 5 chaperones to attend the Let's Move Literary Consortium at the University of Georgia in Athens, March 22, 2018 6:00 p.m. – 8:00 p.m.

Each student participant will receive a certificate of excellence for their participation.

- 1st, 2nd and 3rd place statewide winners will receive a plaque
- Each winning School will be awarded \$300 to cover transportation expenses to the consortium.

Note: *All consortium attendees must have participated in the contest at their local school. The 1st, 2nd, and 3rd place winners are included in the total (30) student attendees.



STUDENT ESSAY ENTRY FORM

(Attach this form to Essay)

Student Information (To be completed and signed by student's parent or guardian)

Student's Name: _____ Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

School / Organization Name: _____

School/Organization Address: _____

Teacher / Sponsor's Name: _____

Parent/Guardian Name: _____

Parent Email: _____

Parent's Signature: _____

Date: _____

FOR GSNA USE ONLY:

Group# _____ Student Entry # _____



INTENT TO PARTICIPATE FORM

(Please return this form by no later than January 16, 2018.)

TO: Georgia School Nutrition Association

FROM: (Please complete all information below)

Name of Participating School _____

School System/District _____

Address _____

City, State, Zip _____

Telephone Number _____

School Contact Person (in regards to contest) _____

Contact's title: _____

Contact's Email Address _____

DATE: _____

SUBJECT: GSNA Let's Move! Essay Contest Intent to Participate in Contest

This is to advise you that the above named school will be submitting entries for the **2018** GSNA Let's Move! Essay Contest.

We have a copy of the forms relating to the contest and we understand that the required information **must be in your office by February 16, 2018.**

Intent to participate form must be returned to GSNA by January 16, 2018.

Intent Form can be sent via mail, email or fax.

Mail to: GSNA, 2372 Main Street, Tucker, GA 30084 / Fax to: 770-934-8917 / Email to: info@georgiaschoolnutrition.com



SCHOOL ENTRY FORM

(Please submit this form with your 1st, 2nd, and 3rd place essays
by contest deadline February 16, 2018.)

TO: Georgia School Nutrition Association

FROM: (Please complete all information below)

Name of Participating School _____

School System/District _____

Address _____

City, State, Zip _____

Telephone Number _____

School Contact Person (in regards to contest) _____

Contact's title: _____

Contact's Email Address _____

SUBJECT: GSNA Let's Move! Essay Contest Entry Form

Attached are the 1st, 2nd, and 3rd place entry forms and essays for the GSNA Let's Move Essay Contest that was held at our school. Listed below are our winners:

1st place essay winner: _____

2nd place essay winner: _____

3rd place essay winner: _____

We understand that if our school is selected we must be able to attend the GSNA Let's Move Consortium on the University of Georgia campus (March 22, 2018) with the contest allotted \$300 transportation funds.

Principal Name: _____

Principal Signature: _____ Date: _____